

SINGAPORE SPORT & PERFORMANCE CONFERENCE 2022

**From Youth to Elite Sport:
Harnessing Potential and the Pursuit of Excellence**

2nd - 4th November 2022

Organised by



SINGAPORE SPORT & PERFORMANCE CONFERENCE 2022

From Youth to Elite Sport: Harnessing Potential and the Pursuit of Excellence

Building System Capabilities

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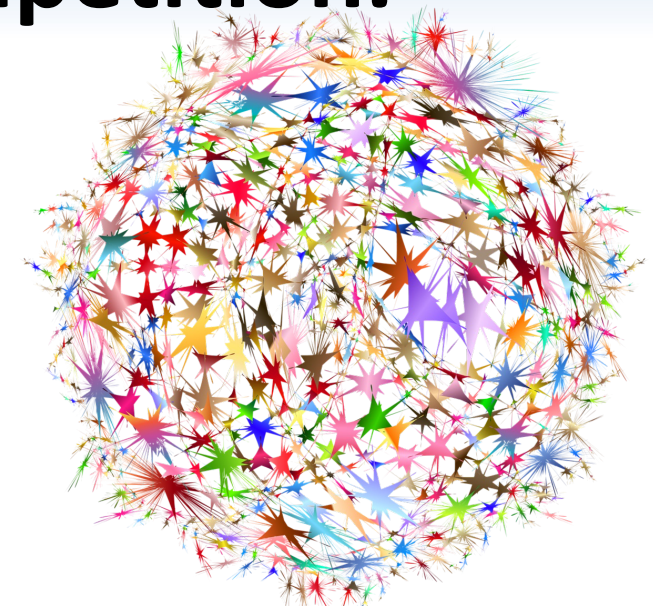


A system is a complex network all working together, interacting, complementing and value-adding towards a common objective.

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The **sports system** is a structure spanning from grassroots to high performance levels. The structure creates **the size of the sporting population**, **enthusiasm of participants**, and **athletes who are able to progress towards elite and international competition.**





Foundation

Development

Excellence

Sustainability

Participation Engage as many children and youth as possible by making sport inclusive and accessible to all

Pipeline Identify, develop and support sport-specific skill training and to strengthen the pathway with multiple entry points

Performance Provide Holistic Environment for all athletes to reach their potential

Lead the charge in high performance sport and instill confidence in future generations of athletes



The 3 Priorities

- The key towards developing system capabilities is **determining organisational priorities**

Participation

Mass Participation,
Competitive
Exposure &
Detection



Pipeline

Continued Training,
Identification, &
Confirmation



Performance

Optimizing &
Mastery



Participation



- Expand the foundation of the athletes in the water to have a larger pool of talent to draw from and develop
 - National LTS programming
- Impact daily training environments
 - Facility infrastructure
 - Coach education and development
 - Club development
 - Mentorship and Business Development
 - Anchor Programming

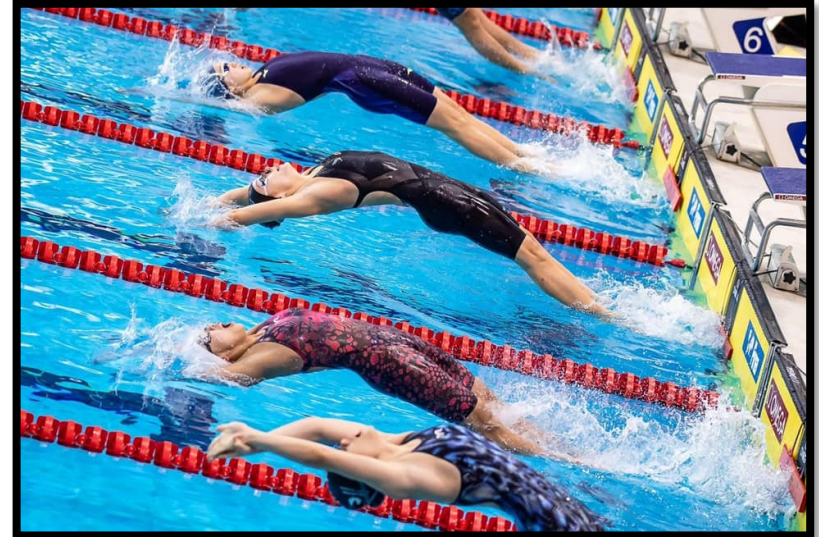


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Pipeline

- Identify, track, nurture the development of athletes and coaches across the sport to create a sustainable and repeatable High Performance programme
 - Project 2024, 2028, 2032
 - Singapore Tracking Times
 - WinnerCam
 - Coach support and development networks



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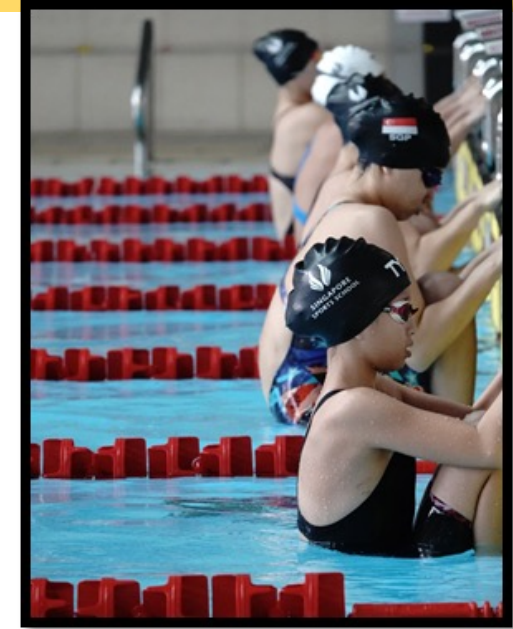
Performance

- Continued Development and transition of athletes from the pipeline through to high performance results
- Direct results from increased focus on DTE
- Major Games focused
 - Strategized around Olympic “quads”
 - Short Focus- 2024
 - Long Focus- 2032



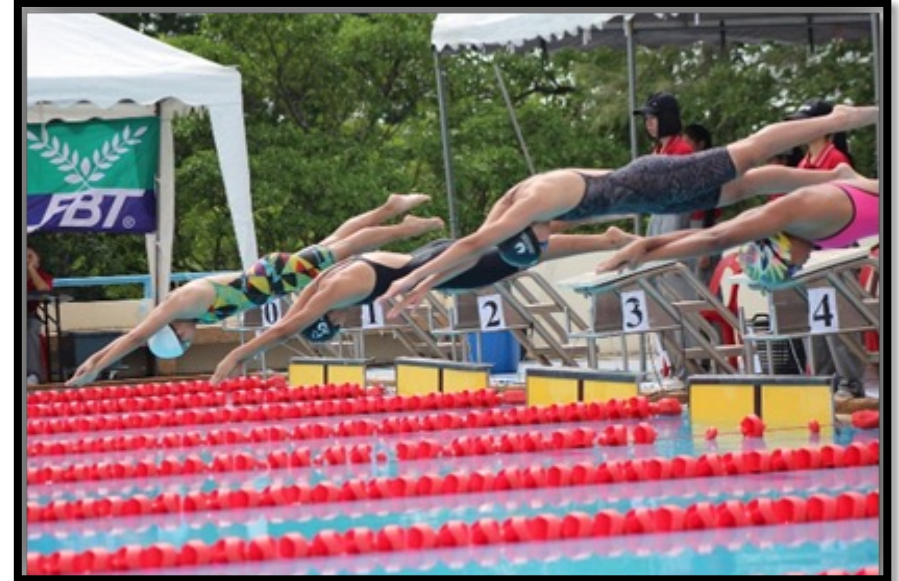
SSP- Cluster Beacon for Youth Swimming

- Broad based development of athletes
 - Athletes in and out of the water
 - Heavy emphasis on movement competency and capacity
 - Athletes who can compete in anything and grow to excel in a specific area
 - IM based training program for all athletes
- Tendering clubs to work with SSP and NTC @ SSP
 - develop the participation and pipeline
- Allow local children to develop their talents locally and become a hotbed of aquatic development



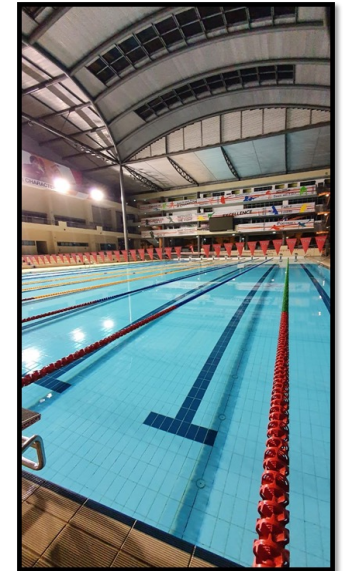
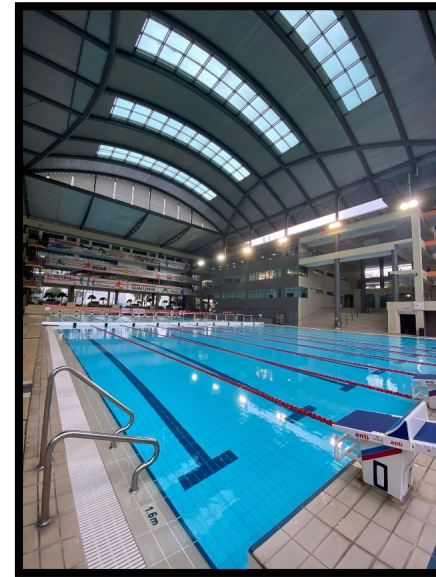
SSP as a Leader for Youth Swimming Development

- SSA's vision is to have an NTC (AQC), National Youth Centre (NTC @ SSP), and multiple club based Performance Development Centres (PDC) that are at the centre of overlapping networks of swimming in their local areas.
- Dedicated Functional Gym on deck
- NYSI Sport Science Support

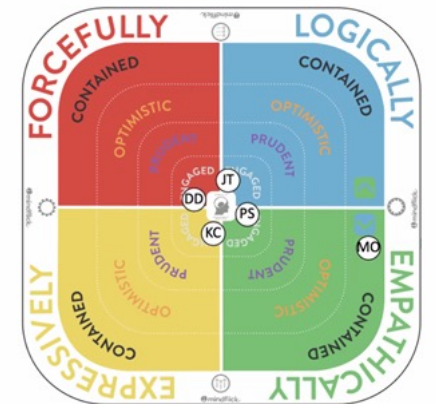


SSP as a Swimming Education Centre

- Advising local clubs on performance development and aquatic programming (Mentorship and Business Development)
- Coach and Teacher Education
- Coaching and Sport Science Internship
- Direct coach mentorship and education
 - NROC & Coach SSA Attachments
 - Youth camps
- Youth Camps and exchange opportunities with overseas programmes and coaches



Team Preferences.



Key Takeaways

- Investment in developing the DTE's of participation and pipeline athletes will form the basis for expansion, growth, success, and ultimate sustainability of the system.
- A development based performance model will keep more athletes in the system longer giving a larger opportunity for sustained success.
- The sports with the strongest development and competitive structure at all levels (grassroots to high performance) are likely to be the most successful at the highest levels.

Thank you!

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